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**Advance Planning  
Discussion  
Guide**



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Preserving  
Health Care Rights  
for You and  
Your Family



# Lifecare

## Advance Planning Discussion Guide

Lifecare Directives, LLC is pleased to offer the “*Lifecare Advance Planning Discussion Guide*.”

This document was specifically designed for those individuals who are *not* comfortable with completing a formal, legally-binding advance directive, but who still recognize the need to properly inform their loved ones of their wishes.

It was patterned after the carefully researched “*Lifecare Advance Directive*” which is the result of more than 10 years of rigorous research. It's development involved the review of more than 6,000 articles from medical journals, legal publications, and the popular press, the review of all relevant state and most territorial statutes, and the comparative review of more than 100 independently designed advance directives.

Further, it was reviewed by literally scores of physicians, nurses, elder law attorneys, ethics specialists, and many other

scientific and secondary researchers.

Finally, more than 1,000 members of the general public participated in university-directed research to validate the material, with over 400 participants also involved in direct comparative testing against other popular advance directive versions.

Drawing upon this crucial research, Lifecare staff have designed this *Advance Planning Discussion Guide*. It covers all the same material and in the same detail as found in *Lifecare Advance Directive*. However, it has no written, signing, or witnessing requirements.

Rather, it serves as a detailed template for family discussions. By using the Lifecare Discussion Guide, you can be assured that you will have comprehensively covered all essential topics and in sufficient detail to fully inform their loved ones of your wishes.

Further, family members can also later point to the use of this document as meaningful evidence of your genuine and well-considered intent to make your personal wishes known.

While a discussion guide can never produce the evidentiary conclusiveness that is obtained by completing a formal written advance directive, it can make it far more difficult for others to question the validity of any decisions your loved ones may later

make in your behalf.

We feel that this document is a superior guide, and that it comprehensively and methodically covers all those key health care issues most likely to be of significant importance to you and your loved ones.

Through its carefully structured format and design the Lifecare Discussion Guide can be a crucial aid in accomplishing comprehensive advance care planning with a minimum of confusion and decision-making neglect.

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*To purchase a copy of this or any other advance directive, or to purchase other related materials, please contact Lifecare Directives at:*

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